



**MILK IS OFFERED WITH EVERY MEAL
MENUS ARE SUBJECT TO CHANGE**

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Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday

7

8

9

10

11

14

Sausage & Biscuit
Juice
2 Cereal & Juice
Cereal Bar & Juice

15

Breakfast Burrito
Fruit
2 Cereal & Fruit
Cereal Bar & Fruit

16

Funnel Cake & Fruit
2 Cereal & Fruit
Cereal Bar & Fruit

17

Super Donut & Fruit
2 Cereal & Fruit
Cereal Bar & Fruit

18

Biscuit & Gravy
Juice
2 Cereal & Juice
Cereal Bar & Juice

21

Sausage & Biscuit
Juice
2 Cereal & Juice
Cereal Bar & Juice

22

Pancake/Sausage Stick
Fruit
2 Cereal & Fruit
Cereal Bar & Fruit

23

Funnel Cake & Fruit
2 Cereal & Fruit
Cereal Bar & Fruit

24

Super Donut & Fruit
2 Cereal & Fruit
Cereal Bar & Fruit

25

Biscuit & Gravy
Juice
2 Cereal & Juice
Cereal Bar & Juice

28

Sausage & Biscuit
Juice
2 Cereal & Juice
Cereal Bar & Juice

29

Breakfast Pizza
Fruit
2 Cereal & Fruit
Cereal Bar & Fruit

30

Funnel Cake & Fruit
2 Cereal & Fruit
Cereal Bar & Fruit

31

Super Donut & Fruit
2 Cereal & Fruit
Cereal Bar & Fruit