



Milk is offered with every meal
Menus are subject to change

USDA is an equal opportunity provider and employer



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday

Managers Choice 1

Mini Pancakes 2
 Fruit
 2 Cereal & Fruit
 Cereal Bar & Fruit

Super Donut & Fruit 3
 2 Cereal & Fruit
 Cereal Bar & Fruit

Biscuit & Gravy 4
 Juice
 2 Cereal & Juice
 Cereal Bar & Juice

Sausage & Biscuit 7
 Juice
 2 Cereal & Juice
 Cereal Bar & Juice

Managers Choice 8

Mini Pancakes 9
 Fruit
 2 Cereal & Fruit
 Cereal Bar & Fruit

Super Donut & Fruit 10
 2 Cereal & Fruit
 Cereal Bar & Fruit

Biscuit & Gravy 11
 Juice
 2 Cereal & Juice
 Cereal Bar & Juice

Sausage & Biscuit 14
 Juice
 2 Cereal & Juice
 Cereal Bar & Juice

Managers Choice 15

Mini Pancakes 16
 Fruit
 2 Cereal & Fruit
 Cereal Bar & Fruit

Super Donut & Fruit 17
 2 Cereal & Fruit
 Cereal Bar & Fruit

Biscuit & Gravy 18
 Juice
 2 Cereal & Juice
 Cereal Bar & Juice

Managers Choice 21

Managers Choice 22

Don't forget to come eat with 23
 Us this Summer at BELEC & BHS!

Don't forget to come eat with 24

Don't forget to come eat with 25
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Don't forget to come eat with 28

Don't forget to come eat with 29
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Don't forget to come eat with 30

Don't forget to come eat with 31
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