



Milk is offered with every meal
Menus are subject to change

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Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



Super Donut & Fruit 1
2 Cereal & Fruit
Cereal Bar & Fruit

Biscuit & Gravy 2
 Juice
2 Cereal & Juice
Cereal Bar & Juice

Sausage & Biscuit 5
 Juice
2 Cereal & Juice
Cereal Bar & Juice

Funnel Cake & Fruit 6
2 Cereal & Fruit
Cereal Bar & Fruit

Mini Pancakes 7
 Fruit
2 Cereal & Fruit
Cereal Bar & Fruit

Super Donut & Fruit 8
2 Cereal & Fruit
Cereal Bar & Fruit

Biscuit & Gravy 9
 Juice
2 Cereal & Juice
Cereal Bar & Juice

Sausage & Biscuit 12
 Juice
2 Cereal & Juice
Cereal Bar & Juice

Breakfast Pizza 13
 Fruit
2 Cereal & Fruit
Cereal Bar & Fruit

Mini Pancakes 14
 Fruit
2 Cereal & Fruit
Cereal Bar & Fruit

Super Donut & Fruit 15
2 Cereal & Fruit
Cereal Bar & Fruit

Biscuit & Gravy 16
 Juice
2 Cereal & Juice
Cereal Bar & Juice

Spring Break 19

Spring Break 20

Spring Break 21

Spring Break 22

Spring Break 23

Sausage & Biscuit 26
 Juice
2 Cereal & Juice
Cereal Bar & Juice

Pancake/Sausage on S 27
 Fruit
2 Cereal & Fruit
Cereal Bar & Fruit

Mini Pancakes 28
 Fruit
2 Cereal & Fruit
Cereal Bar & Fruit

Super Donut & Fruit 29
2 Cereal & Fruit
Cereal Bar & Fruit

Biscuit & Gravy 30
 Juice
2 Cereal & Juice
Cereal Bar & Juice