



Milk is offered with every meal
Menus are subject to change
USDA is an equal opportunity provider and employer



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday

***WG Mac & Cheese(2c)** **4**
Baby Carrots(1c)
Green Beans (1c)
Fruit(1c)

***WG Chicken Nuggets w/Bread(2c)** **5**
Mashed Potato(1c)
Green Beans(1c)
Fruit(1c)

Vegetable Beef Soup((2c) **6**
Crackers
Fruit(1c)
WG Cookie(1c)

***WG Corndog(2c)** **7**
Baked Beans(1c)
Salad w/Dressing(1c)
Fruit(1c)

***Baked Chicken** **1**
Mashed Potato
Green Beans
Fruit
Hot Roll

***Hamburger on Bun** **8**
SSC
Baked Beans
Fruit
Cookie

Managers **11**
Choice

***Chicken Sandwich (2c)** **12**
SSC
Carrot Stick(1c)
Fruit(1c)

***WG Beef Nacho(2c)** **13**
Lettuce/Tomato
Corn(1c)
WG Cookie(1c)

***Baked Chicken** **14**
Mashed Potato
Green Beans
Fruit
Hot Roll

***WG Crispito(2c)** **15**
Corn(1c)
Spanish Rice(1c)
Fruit(1c)

No School **18**

***WG Chicken Nuggets w/Bread(2c)** **19**
Baked Beans(1c)
Baby Carrot(1c)
Fruit(1c)

***Pizza((2c)** **20**
Salad (1)
Fruit(1c)
WG Cookie(1c)

***Lasagna(2c)** **21**
Salad w/Dressing(1c)
Fruit(1c)
WG Cookie

Managers **22**
Choice

***WG Crispito(2c)** **25**
Corn(1c)
Spanish Rice(1c)
Fruit(1c)

***Spaghetti w/Meat** **26**
Sauce(2c)
Green Beans(1c)
Fruit(1c)
WG Hot Roll(1c)

***Scrambled Eggs(1c)** **27**
WG Biscuit(2c)
Sausage Patty(1c)
Fruit(1c)
Baby Carrots (1c)

***WG Corndog(2c)**
Baked Beans(1c)
Salad w/Dressing(1c)
Fruit(1c)

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